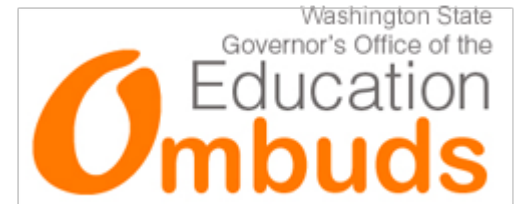


Creating an Inclusive Community

Allyship Lesson



[Image description: Dark reddish purple silhouette of a young woman holding a backpack and books. Office of the Education Ombuds' orange logo is to the bottom right.]



What is ableism?

Definition: Discrimination against people with disabilities

“Ableism, like other terms such as racism and sexism, describes discrimination towards a social group, in this case disabled people, but it also describes how certain ideals and attributes are valued or not valued.”

(Wolbring, 2008)

What is allyship?

Definition: Taking an active stance against discrimination and prejudice

What is inclusion?

Definition: Intentionally building a community in which each individual is recognized, has access, and participates and belongs as a valued member.

Look for examples of ableism in this video:



Video link: <https://youtu.be/Gv1aDEFIXq8>

Discussion:

- What are some examples of ableism you saw in the video?
- What are ways you learned that you can support people with disabilities?
- What are some things **not** to do for people with disabilities?
- Did you learn something new from this video?

Is this inclusive?



YES



NO

[Image description: A green thumbs up hand is positioned above a box that says "YES" in black writing. To the right of the green hand is a red thumbs down hand positioned above a box that says "NO."]



[Image description: Blue "Public Restroom" sign with arrows going left and right. Below in parentheses, it reads "B.Y.O.P."]



[Image description: A white woman using a wheelchair struggles to reach the faucet in a public restroom]



[Image description: A woman using a motorized wheelchair goes down a very crowded aisle in a supermarket]



[Image description: A concrete ramp lays on top of a flight of stone outdoor stairs]



[Image description: A ramp artistically cuts through a flight of concrete stairs outdoors]



[Image description: Two thin, metal strips serve as a makeshift ramp with a flight of concrete, outdoor stairs between them.]



[Image description: An accessible metal door switch with a blue image of a person using a wheelchair is above the words in blue: "Push to open".]



[Image description: A still from the television show Felix the Cat displays closed captioning at the bottom. CC states, "Good work, Goldie. Keep it up!".]



[Image description: Black, noise canceling over ear headphones with "Philips" written on it.]



[Image description: An empty street with a white, painted crosswalk. Curb cuts with yellow bumps are on either side of the street.]



[Image description: A comic of the doors outside of a red brick school building on a snowy day. The ramp and stairs are covered in snow. A white man in a green winter hat, red coat, yellow gloves, blue snow pants, and brown snowshoes holding a shovel is shoveling snow. A blonde white boy in an orange hat and coat sits in a blue wheelchair next to a group of kids wearing different colored snow gear. The boy using the wheelchair says to the man, "Could you please shovel the ramp?" The man responds, "All these other kids are waiting to use the stairs. When I get through shoveling them off, then I will clear the ramp for you." The boy responds, "But if you shovel the ramp, we can all get in!"]

Is this inclusive?

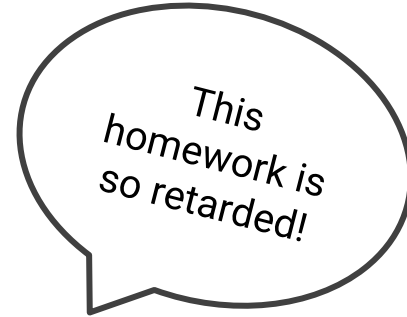
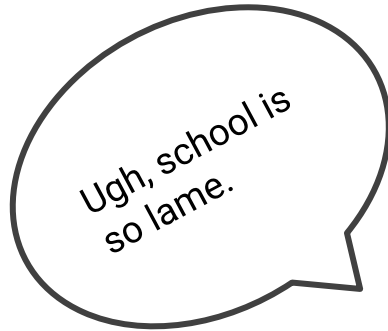


YES



NO

[Image description: A green thumbs up hand is positioned above a box that says "YES" in black writing. To the right of the green hand is a red thumbs down hand positioned above a box that says "NO."]



[Image description: A light yellow smiley face has two speech bubbles and one thought bubble. The speech bubbles say "Ugh, school is so lame" and "Homework is so retarded!" The thought bubble says "She's crazy! I can't believe she did that."]

Role Play:
Time to ACT IT OUT!

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